



Social Networking



Discussion Questions



Action Plan

### Discussion Questions



Talk to your child about information on profiles and together review all of his or her profiles. Encourage your child to share his or her online experiences. Here are some questions to consider:

1. What do you use the Internet for? What devices are you using to access it?
2. Do you have an email address? How many? What are they and what are the passwords?
3. Who do you communicate with? Do you use instant messaging, an app, email, or visit chat rooms?
4. Have you been contacted by a stranger on the Internet? How did you respond?
5. Do you think a chat room or communicating with people you don't know off-line is safe? Why?
6. Do you have a social media profile? How many? What platforms are they through? What are the usernames and passwords?
7. Do you think that people should put photos of their friends on the Internet?
8. How private is information you post on the Internet? Who might see it?
9. Do you think college admissions officers look online for information on prospective students? What about potential employers?
10. Have you seen sexual images or remarks in a text, on homepages, or on profiles? What did you do?
11. What do you do if a friend is looking at online sites at school that are off-limits or inappropriate?
12. Do you think you can more authentic when you are online - can you be more who you really are - or do you think people like to be someone else and play around with their identity?
13. Teasing, lying, gossiping, threatening, spreading rumors, and harassing are all forms of bullying. If these things occur online, are they perceived as less "harming?" Has anyone done this to you?
14. If you were asked to "disconnect" (no cell phones or Internet) for a period of two weeks, how easy or hard would it be for you and why?
15. What times and areas of the home are designated to be free of high-tech devices?
16. What are our rules for appropriate high-tech usage?



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If you determine that your child has a profile on a social networking site, consider the following plan:

1. Establish ground rules with your child regarding Internet access and usage.
2. Keep reinforcing long-term effects. Most children do not initially understand the long-term consequences.
3. Limit when your child can access profiles. For example, prevent usage at the dinner table or after 9 p.m.
4. Establish your own profile and demonstrate proper online behavior. Children respond better to parents that know what they are talking about.
5. Keep a current record of your child's login information, including all email addresses, login names, display names, and passwords.
6. Regularly check your child's network of friends on each website. If there are people on the list that you do not know, ask your child who they are and how they met them. Remove "online only friends" from your child's profiles. Look at the profiles of friends to see what they reveal about your child.
7. Frequently check the content of your child's profile. Is your child posting inappropriate personal information, photos, videos, blogs, or comments? Is your child engaging in harassing or other inappropriate conduct? If so, remove the content.
8. Check the account settings on your child's profile. Make sure settings are on private and take note if any users are blocked. For example, you can modify the "Privacy Settings" on a Facebook profile to make the profile "private," or to check on users whom your child has blocked.
9. Give your child a day to "clean-up" his or her profiles and together check the new profile(s).