

# WORKSHOP

## HELPING KIDS GET ALONG AT SCHOOL

### WHAT PARENTS CAN DO TO CREATE A CULTURE OF KINDNESS AND REDUCE STUDENT MEAN BEHAVIOR

In this often humorous and interactive workshop, parents will be presented with information about how to work collaboratively with the school to reduce mean behavior and create a culture of kindness. Strategies for addressing annoying behavior, mean teasing, exclusion, name calling, ridiculing, threatening, and bullying will be shared. The research on how to reduce peer mistreatment is discussed, as well as how to increase compassion and empathy for others.

Parents are shown how to intervene when they see hurtful behavior. Parents will be given tips on how to modify mean behavior in their own children. A particular emphasis is placed on how parents can encourage and teach their children to be positive bystanders when peer mistreatment is occurring. Parents will learn how to help their kids become more empathic and “every day heroes” when they witness mean behavior. Parents will also learn how to help their child respond in a resilient way to everyday slights and hurtful interactions. These target hardening skills can be used both at school and at home with siblings. All strategies are demonstrated through a series of lively role-plays and video-clips. The workshop is 90 minutes long.

**PRESENTED BY:**  
**MARCIA MCEVOY, PH.D.**  
**LICENSED PSYCHOLOGIST**  
**MCEVOY CONSULTING, LLC**  
**GRAND RAPIDS, MI**



Please join us for this informative  
and entertaining presentation!

**WEDNESDAY, JANUARY 31, 2018**  
**HOPKINS HS CAFETERIA**  
**6:30 PM**

Dr. Marcia McEvoy is a licensed psychologist who has worked in a variety of professional settings including public schools, community mental health, a child guidance clinic, and two universities. She has been a clinician, prevention specialist, lecturer, author, and university instructor. She presently owns her own private consulting business. Dr. McEvoy is an expert in the areas of mean behavior prevention and the prevention of youth suicide. She is the co-author of a book entitled Preventing Youth Suicide: A Handbook for Educators and Human Service Professionals. She is currently co-authoring a book on the prevention of school-based cruelty, with an emphasis on bullying, mean teasing, intimidation, and harassment. She has trained hundreds of thousands of school personnel, parents, and students on this topic, and is sought as a consultant to schools all over the country.

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available.**