



ALL MEALS ARE FREE!

OCTOBER 2023

HOPKINS HIGH SCHOOL

NATIONAL SCHOOL
LUNCH WEEK
OCTOBER 9-13

Monday

2
SWEET & SOUR CHICKEN
CHICKEN TENDERS
MOZZARELLA CRISPERS
ITALIAN HOAGIE

9
APPETIZER BASKET
CHICKEN TENDERS
MOZZARELLA CRISPERS
ITALIAN HOAGIE

16
POPCORN SHRIMP
CHICKEN TENDERS
MOZZARELLA CRISPERS
ITALIAN HOAGIE

23
WINGS & WEDGES
CHICKEN TENDERS
MOZZARELLA CRISPERS
ITALIAN HOAGIE

30
SWEET & SOUR CHICKEN
CHICKEN TENDERS
MOZZARELLA CRISPERS
ITALIAN HOAGIE

Tuesday

3
TACO TUESDAY
QUESADILLAS
PERSONAL PIZZA
CBR HOAGIE

10
WALKING TACO
GRILLED CHICKEN CLUB
PERSONAL PIZZA
CBR HOAGIE

17
GRILLED CHEESE & SOUP
QUESADILLAS
PERSONAL PIZZA
CBR HOAGIE

24
CHICKEN CRISPITOS
GRILLED CHICKEN CLUB
PERSONAL PIZZA
CBR HOAGIE

31
*1/2 DAY
NO LUNCH
SERVED*

Wednesday

4
CHEESY CAVATAPPI
MOZZARELLA STICKS
PIZZA RIPPERS
ITALIAN CHICKEN HOAGIE

11
PENNE ROSA
MOZZARELLA STICKS
PIZZA RIPPERS
ITALIAN CHICKEN HOAGIE

18
RICE BOWL
MOZZARELLA STICKS
PIZZA RIPPERS
ITALIAN CHICKEN HOAGIE

25
STUFFED SHELLS
MOZZARELLA STICKS
PIZZA RIPPERS
ITALIAN CHICKEN HOAGIE

Thursday

5
LOADED TATER TOTS
VIKING CHICKEN
PERSONAL PIZZA
PIZZA HOAGIE

12
BRUNCH
VIKING BURGER
PERSONAL PIZZA
PIZZA HOAGIE

19
PULLED PORK
VIKING CHICKEN
PERSONAL PIZZA
PIZZA HOAGIE

26
DUTCH WAFFLE
VIKING BURGER
PERSONAL PIZZA
PIZZA HOAGIE

Friday

6
PASTA ALFREDO BOWL
NASHVILLE HOT NUGGETS
BOSCO STICKS
BUFFALO CHICKEN HOAGIE

13
POPCORN CHICKEN BOWL
NASHVILLE HOT NUGGETS
BOSCO STICKS
BUFFALO CHICKEN HOAGIE

20
PASTA ALFREDO BOWL
NASHVILLE HOT NUGGETS
BOSCO STICKS
BUFFALO CHICKEN HOAGIE

27
POPCORN CHICKEN BOWL
NASHVILLE HOT NUGGETS
BOSCO STICKS
BUFFALO CHICKEN HOAGIE

BREAKFAST IS SERVED DAILY IN THE CAFETERIA AT 7:30AM!
VARIETY OF HOT AND COLD ITEMS AVAILABLE
BREAKFAST INCLUDES FRUIT, JUICE, AND MILK

LUNCH: DELI BAR OPEN DAILY ROTATING FAVORITES ON THE HOT SLIDE

MON & WED: PASTA BAR TUE & THR: RAMEN BOWL