



# SEPTEMBER 2023

## HOPKINS HIGH SCHOOL

ALL MEALS ARE  
FREE!

Monday

Tuesday

Wednesday

Thursday

Friday

**LABOR  
DAY**

4

TACO TUESDAY

5

QUESADILLAS  
PERSONAL PIZZA  
CBR HOAGIE  
(CHICKEN BACON RANCH)

CHEESY CAVATAPPI

6

MOZZARELLA STICKS  
PIZZA RIPPERS  
ITALIAN CHICKEN HOAGIE

LOADED TATER TOTS

7

VIKING CHICKEN  
PERSONAL PIZZA  
PIZZA HOAGIE

PASTA ALFREDO BOWL

8

NASHVILLE HOT NUGGETS  
BOSCO STICKS

APPETIZER BASKET

11

CHICKEN TENDERS  
MOZZARELLA CRISPERS  
ITALIAN HOAGIE

WALKING TACO

12

GRILLED CHICKEN CLUB  
PERSONAL PIZZA  
CBR HOAGIE

PENNE ROSA

13

MOZZARELLA STICKS  
PIZZA RIPPERS  
ITALIAN CHICKEN HOAGIE

BRUNCH

14

VIKING BURGER  
PERSONAL PIZZA  
PIZZA HOAGIE

POPCORN CHICKEN BOWL

15

NASHVILLE HOT NUGGETS  
BOSCO STICKS

POPCORN SHRIMP

18

CHICKEN TENDERS  
MOZZARELLA CRISPERS  
ITALIAN HOAGIE

GRILLED CHEESE & SOUP

19

QUESADILLAS  
PERSONAL PIZZA  
CBR HOAGIE

**1/2 DAY**

20

**NO LUNCH  
SERVED**

PULLED PORK

21

VIKING CHICKEN  
PERSONAL PIZZA  
PIZZA HOAGIE

PASTA ALFREDO BOWL

22

NASHVILLE HOT NUGGETS  
BOSCO STICKS

WINGS & WEDGES

25

CHICKEN TENDERS  
MOZZARELLA CRISPERS  
ITALIAN HOAGIE

CHICKEN CRISPITOS

26

GRILLED CHICKEN CLUB  
PERSONAL PIZZA  
CBR HOAGIE

STUFFED SHELLS

27

MOZZARELLA STICKS  
PIZZA RIPPERS  
ITALIAN CHICKEN HOAGIE

DUTCH WAFFLE

28

VIKING BURGER  
PERSONAL PIZZA  
PIZZA HOAGIE

POPCORN CHICKEN BOWL

29

NASHVILLE HOT NUGGETS  
BOSCO STICKS

BREAKFAST IS SERVED DAILY IN THE CAFETERIA AT 7:30AM!  
VARIETY OF HOT AND COLD ITEMS AVAILABLE  
BREAKFAST INCLUDES FRUIT, JUICE, AND MILK

LUNCH: *DELI BAR OPEN DAILY* ROTATING FAVORITES ON THE HOT SLIDE

MON & WED: *NACHO BAR* TUE & THR: *STIR FRY*