



# AUGUST 2023

## SYCAMORE ELEMENTARY

ALL MEALS ARE  
FREE!

Monday

Tuesday

Wednesday

Thursday

Friday

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A: CHICKEN NUGGETS  
B: WARM PRETZEL & CHEESE

28

SMILEY FRIES  
FRUIT & VEGGIE BAR  
MILK

A: DUTCH WAFFLE, SAUSAGE  
B: FRUIT & YOGURT PARFAIT

29

TOSSED SALAD  
FRUIT & VEGGIE BAR  
MILK

A: PASTA ALFREDO  
B: PBJ UNCRUSTABLE

30

BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

A: BOSCO STICKS  
B: NACHOS /CHEESE & SALSA

31

SEASONED CORN  
FRUIT & VEGGIE BAR  
MILK

**BREAKFAST IS SERVED DAILY AT 7:25 IN THE CAFETERIA!**  
A HOT ITEM AND A VARIETY OF COLD ITEMS WILL BE OFFERED DAILY  
*EACH BREAKFAST INCLUDES, FRUIT, JUICE AND MILK*