



\*EQUAL OPPORTUNITY PROVIDER

# DECEMBER 2022

## SYCAMORE ELEMENTARY

FULL PAY MEALS = \$2.40  
REDUCED PAY MEALS = \$.40

DEPOSIT ON LINE AT:  
[hopkins.familyportal.cloud](https://hopkins.familyportal.cloud)

Monday

Tuesday

Wednesday

Thursday

Friday

A: POPCORN CHICKEN WITH  
POTATOES & GRAVY  
B: WARM PRETZELS & CHEESE  
CUCUMBER SLICES  
FRUIT & VEGGIE BAR  
MILK

A: CHEESE QUESADILLAS  
B: FRUIT & YOGURT PARFAIT

REFRIED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: BOSCO STICKS  
B: SUBMARINE SANDWICH

BABY CARROTS  
FRUIT & VEGGIE BAR  
MILK

A: CHICKEN NUGGETS  
B: PBJ UNCRUSTABLE  
  
SEASONED CORN  
FRUIT & VEGGIE BAR  
MILK

A: MINI CORN DOGS  
B: PBJ UNCRUSTABLE

SEASONED CORN  
FRUIT & VEGGIE BAR  
MILK

A: GRILLED CHEESE &  
TOMATO SOUP  
B: NACHOS /CHEESE & SALSA  
BAKED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: HOT DOG& SMILEY FRIES  
B: NACHOS/ CHEESE & SALSA

BROCCOLI (COLD)  
FRUIT & VEGGIE BAR  
MILK

A: PASTA WITH MEAT SAUCE  
B: WARM PRETZEL & CHEESE  
  
BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

A: DUTCH WAFFLE, SAUSAGE  
B: FRUIT & YOGURT PARFAIT

TOSSED SALAD  
FRUIT & VEGGIE BAR  
MILK

A: PEPPERONI PIZZA  
B: SUBMARINE SANDWICH

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

A: CHICKEN DRUMSTICK  
B: PBJ UNCRUSTABLE

BAKED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: CHEESEBURGER  
B: NACHOS /CHEESE & SALSA

POTATO WEDGES  
FRUIT & VEGGIE BAR  
MILK

A: TURKEY GRAVY & MASHED  
POTATOES  
B: WARM PRETZELS & CHEESE  
CELERY STICKS  
FRUIT & VEGGIE BAR  
MILK

A: WALKING TACO  
B: FRUIT & YOGURT PARFAIT

REFRIED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: MOZZARELLA CRISPERS  
B: SUBMARINE SANDWICH

GLAZED CARROTS  
FRUIT & VEGGIE  
MILK

**WINTER  
BREAK**

**WINTER  
BREAK**

**WINTER  
BREAK**

**WINTER  
BREAK**

**WINTER  
BREAK**

**WINTER  
BREAK**

**WINTER  
BREAK**

BREAKFAST IS SERVED DAILY AT 7:30 IN THE CAFETERIA!

A HOT ITEM AND A VARIETY OF COLD ITEMS WILL BE OFFERED DAILY

BREAKFAST FULL PAY = \$1.50, REDUCED PAY = \$.30

ALL BREAKFAST INCLUDES, FRUIT, JUICE AND MILK

\*MENUS SUBJECT TO CHANGE