



\*EQUAL OPPORTUNITY PROVIDER

# FEBRUARY 2023

## SYCAMORE ELEMENTARY

FULL PAY MEALS = \$2.40  
REDUCED PAY MEALS = \$.40

DEPOSIT ON LINE AT:  
[hopkins.familyportal.cloud](https://hopkins.familyportal.cloud)

**Monday**



A: CHICKEN & WAFFLES  
B: LUNCHABLE - PIZZA

BABY CARROTS  
FRUIT & VEGGIE BAR  
MILK

**Tuesday**



A: WALKING TACO  
B: FRUIT & YOGURT PARFAIT

REFRIED BEANS  
FRUIT & VEGGIE BAR  
MILK

**Wednesday**

A: CHICKEN PATTY ON A BUN  
B: CHEF SALAD

BAKED BEANS  
FRUIT & VEGGIE BAR  
MILK

**Thursday**

A: PASTA ALFREDO  
B: PBJ UNCRUSTABLE

BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

**Friday**

A: PIZZA RIPPERS  
B: NACHOS /CHEESE & SALSA

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

**6**

**7**

**8**

**9**

**10**

**13**

**14**

**15**

**16**

**17**

A: FRENCH TOAST & SAUSAGE  
B: LUNCHABLE - PIZZA

TOSSED SALAD  
FRUIT & VEGGIE BAR  
MILK

A: CHEESE QUESADILLA  
B: FRUIT & YOGURT PARFAIT

FIESTA BLACK BEANS  
FRUIT & VEGGIE BAR  
MILK

A: CHEESEBURGER  
B: CHEF SALAD

POTATO WEDGES  
FRUIT & VEGGIE BAR  
MILK

A: MACARONI & CHEESE  
B: PBJ UNCRUSTABLE

GREEN BEANS  
FRUIT & VEGGIE BAR  
MILK

**1/2 DAY  
NO LUNCH  
SERVED**

**20**

**21**

**22**

**23**

**24**

**MID  
WINTER  
BREAK**

A: DUTCH WAFFLE, SAUSAGE  
B: FRUIT & YOGURT PARFAIT

TOSSED SALAD  
FRUIT & VEGGIE BAR  
MILK

A: HOT DOG & SMILEY FRIES  
B: CHEF SALAD

CUCUMBER COINS  
FRUIT & VEGGIE BAR  
MILK

A: PASTA WITH MEAT SAUCE  
B: PBJ UNCRUSTABLE

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

A: BOSCO STICKS  
B: NACHOS /CHEESE & SALSA

SEASONED CORN  
FRUIT & VEGGIE BAR  
MILK

**27**

**28**

A: MINI CORN DOGS  
B: LUNCHABLE - PIZZA

FRENCH FRIES  
FRUIT & VEGGIE BAR  
MILK

A: SCRAMBLED EGGS &  
PANCAKE BITES  
B: FRUIT & YOGURT PARFAIT  
TOSSED SALAD  
FRUIT & VEGGIE BAR  
MILK



**BREAKFAST IS SERVED DAILY AT 7:30 IN THE CAFETERIA!**

A HOT ITEM AND A VARIETY OF COLD ITEMS WILL BE OFFERED DAILY

**BREAKFAST FULL PAY = \$1.50 REDUCED PAY = \$.30**

**ALL BREAKFAST INCLUDES, FRUIT, JUICE AND MILK**

*\*MENUS SUBJECT TO CHANGE*