



# MAY 2022

## SYCAMORE ELEMNTARY

ALL MEALS ARE  
FREE!

### Monday

A: GRILLED CHEESE  
B: WARM PRETZEL & CHEESE

2

FRENCH FRIES  
FRUIT & VEGGIE BAR  
MILK

A: CHICKEN PATTY ON A BUN  
B: WARM PRETZEL & CHEESE

9

BAKED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: HOT DOG  
B: WARM PRETZEL & CHEESE

16

FRENCH FRIES  
FRUIT & VEGGIE BAR  
MILK

A: CHEESEBURGER  
B: WARM PRETZEL & CHEESE

23

BAKED BEANS  
FRUIT & VEGGIE BAR  
MILK

30

**MEMORIAL  
DAY**

### Tuesday

A: WALKING TACO  
B: PBJ WITH CHEESE STICK

3

REFRIED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: SCRAMBLED EGGS &  
TATER TOTS

10

B: PBJ WITH CHEESE STICK  
GRAPE TOMATOES  
FRUIT & VEGGIE BAR  
MILK

A: QUESADILLA & SALSA  
B: PBJ WITH CHEESE STICK

17

REFRIED BEANS  
FRUIT & VEGGIE BAR  
MILK

A: DUTCH WAFFLE, SAUSAGE  
& STRAWBERRIES

24

B: PBJ WITH CHEESE STICK  
GRAPE TOMATOES  
FRUIT & VEGGIE BAR  
MILK

**CHEFS  
CHOICE**  
  
**TUESDAY &  
WEDNESDAY!**

31

### Wednesday

A: LASAGNA & BREADSTICK  
B: NACHOS /CHEESE & SALSA

4

BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

A: PENNE ALFREDO WITH  
GARLIC BREAD

11

B: NACHOS /CHEESE & SALSA  
BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

A: SPAGHETTI & BREADSTICK  
B: NACHOS/ CHEESE & SALSA

18

BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

A: MACARONI & CHEESE  
WITH GARLIC BREAD

25

B: NACHOS/ CHEESE & SALSA  
BROCCOLI  
FRUIT & VEGGIE BAR  
MILK

### Thursday

A: CHICKEN & WAFFLES  
B: SUBMARINE SANDWICH

5

GREEN PEAS  
FRUIT & VEGGIE BAR  
MILK

A: POPCORN CHICKEN WITH  
POTAOES & GRAVY

12

B: SUBMARINE SANDWICH  
CUCUMBER SLICES  
FRUIT & VEGGIE BAR  
MILK

A: BEEF DIPPERS WITH  
POTAOES & GRAVY

19

B: SUBMARINE SANDWICH  
CELERY STICKS  
FRUIT & VEGGIE BAR  
MILK

A: MINI CORN DOGS & ROLL  
B: SUBMARINE SANDWICH

26

SEASONED CORN  
FRUIT & VEGGIE BAR  
MILK

### Friday

A: PERSONAL PIZZA  
B: FRUIT & YOGURT PARFAIT

6

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

A: PIZZA RIPPERS  
B: FRUIT & YOGURT PARFAIT

13

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

A: PEPPERONI CALZONE  
B: FRUIT & YOGURT PARFAIT

20

GLAZED CARROTS  
FRUIT & VEGGIE BAR  
MILK

**FIELD DAY! 27**

**GAME DAY  
SUB SANDWICH  
SACK LUNCH**

**BREAKFAST IS SERVED DAILY AT 7:30 IN THE CAFETERIA!**  
CEREAL OR POP-TARTS ARE AVAILABLE DAILY  
ALL BREAKFAST INCLUDES, FRUIT, JUICE AND MILK

Monday: Breakfast Pizza  
Tuesday: Pancake Sausage Wraps  
Wednesday: Muffin & Yogurt

Thursday: Scrambled Eggs & ½ Bagel  
Friday: Pancakes or Waffles