



*MENUS SUBJECT TO CHANGE

MARCH 2023

SYCAMORE ELEMENTARY

FULL PAY MEALS = \$2.40
REDUCED PAY MEALS = \$.40

DEPOSIT ON LINE AT:
hopkins.familyportal.cloud

Monday



Tuesday

Wednesday

Thursday

Friday

6
A: CHICKEN & WAFFLES
B: CHEESE & CRACKER STACKER

BABY CARROTS
FRUIT & VEGGIE BAR
MILK

7
A: WALKING TACO
B: FRUIT & YOGURT PARFAIT

REFRIED BEANS
FRUIT & VEGGIE BAR
MILK

8
A: GRILLED CHEESE & TOMATO SOUP
B: CHEF SALAD

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

9
1/2 DAY
NO LUNCH
SERVED

10
1/2 DAY
NO LUNCH
SERVED

13
A: FRENCH TOAST & SAUSAGE
B: CHEESE & CRACKER STACKER

TOSSED SALAD
FRUIT & VEGGIE BAR
MILK

14
A: CHEESE QUESADILLA
B: FRUIT & YOGURT PARFAIT

FIESTA BLACK BEANS
FRUIT & VEGGIE BAR
MILK

15
A: CHEESEBURGER
B: CHEF SALAD

POTATO WEDGES
FRUIT & VEGGIE BAR
MILK

16
A: MACARONI & CHEESE
B: PBJ UNCRUSTABLE

GREEN BEANS
FRUIT & VEGGIE BAR
MILK

17
A: CHEESE PIZZA
B: NACHOS /CHEESE & SALSA

GLAZED CARROTS
FRUIT & VEGGIE BAR
MILK

20
A: TURKEY GRAVY WITH MASHED POTATOES
B: CHEESE & CRACKER STACKER
CUCUMBER COINS
FRUIT & VEGGIE BAR
MILK

21
A: DUTCH WAFFLE, SAUSAGE
B: FRUIT & YOGURT PARFAIT

TOSSED SALAD
FRUIT & VEGGIE BAR
MILK

22
A: CHICKEN NUGGETS & SMILEY FRIES
B: CHEF SALAD

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

23
A: HOT DOG & WARM APPLE
B: PBJ UNCRUSTABLE

GLAZED CARROTS
FRUIT & VEGGIE BAR
MILK

24
A: BOSCO STICKS
B: NACHOS /CHEESE & SALSA

SEASONED CORN
FRUIT & VEGGIE BAR
MILK

27
A: MINI CORN DOGS
B: CHEESE & CRACKER STACKER

FRENCH FRIES
FRUIT & VEGGIE BAR
MILK

28
A: SCRAMBLED EGGS & PANCAKE BITES
B: FRUIT & YOGURT PARFAIT
TOSSED SALAD
FRUIT & VEGGIE BAR
MILK

29
A: CHICKEN SANDWICH
B: CHEF SALAD

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

30
A: PASTA ALFREDO
B: PBJ UNCRUSTABLE

GREEN BEANS
FRUIT & VEGGIE BAR
MILK

31
SPRING
BREAK

BREAKFAST IS SERVED DAILY AT 7:30 IN THE CAFETERIA!

A HOT ITEM AND A VARIETY OF COLD ITEMS WILL BE OFFERED DAILY

BREAKFAST FULL PAY = \$1.50 REDUCED PAY = \$.30

ALL BREAKFAST INCLUDES, FRUIT, JUICE AND MILK

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*