

Monday

Tuesday

Wednesday

Thursday

Friday

1
A: WALKING TACO
B: PBJ WITH CHEESE STICK

REFRIED BEANS
FRUIT & VEGGIE BAR
MILK

2
A: LASAGNA & BREADSTICK
B: NACHOS /CHEESE & SALSA

BROCCOLI
FRUIT & VEGGIE BAR
MILK

3
½ DAY
NO LUNCH
SERVED

4
½ DAY
NO LUNCH
SERVED

7
A: CHICKEN PATTY ON A BUN
B: WARM PRETZEL & CHEESE

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

8
A: SCRAMBLED EGGS & TATER TOTS
B: PBJ WITH CHEESE STICK
GRAPE TOMATOES
FRUIT & VEGGIE BAR
MILK

9
A: PENNE ALFREDO WITH GARLIC BREAD
B: NACHOS /CHEESE & SALSA
BROCCOLI
FRUIT & VEGGIE BAR
MILK

10
A: POPCORN CHICKEN WITH POTATOES & GRAVY
B: SUBMARINE SANDWICH
CUCUMBER SLICES
FRUIT & VEGGIE BAR
MILK

11
A: PERSONAL PIZZA
B: FRUIT & YOGURT PARFAIT

GLAZED CARROTS
FRUIT & VEGGIE BAR
MILK

14
A: HOT DOG
B: WARM PRETZEL & CHEESE

FRENCH FRIES
FRUIT & VEGGIE BAR
MILK

15
A: QUESADILLA & SALSA
B: PBJ WITH CHEESE STICK

REFRIED BEANS
FRUIT & VEGGIE BAR
MILK

16
A: SPAGHETTI & BREADSTICK
B: NACHOS/ CHEESE & SALSA

BROCCOLI
FRUIT & VEGGIE BAR
MILK

17
SYCAMORE SYMPHONY
SACK LUNCH:
SUBMARINE SANDWICH,
CHIPS, BABY CARROTS WITH RANCH,
APPLESAUCE CUP & A SPECIAL TREAT!

18
A: PIZZA RIPPERS
B: FRUIT & YOGURT PARFAIT

GLAZED CARROTS
FRUIT & VEGGIE BAR
MILK

21
A: CHEESEBURGER
B: WARM PRETZEL & CHEESE

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

22
A: DUTCH WAFFLE, SAUSAGE & STRAWBERRIES
B: PBJ WITH CHEESE STICK
GRAPE TOMATOES
FRUIT & VEGGIE BAR
MILK

23
A: MACARONI & CHEESE WITH GARLIC BREAD
B: NACHOS/ CHEESE & SALSA
BROCCOLI
FRUIT & VEGGIE BAR
MILK

24
A: MINI CORN DOGS & ROLL
B: SUBMARINE SANDWICH

SEASONED CORN
FRUIT & VEGGIE BAR
MILK

25
A: PEPPERONI CALZONE
B: FRUIT & YOGURT PARFAIT

GLAZED CARROTS
FRUIT & VEGGIE BAR
MILK

28
A: GRILLED CHEESE
B: WARM PRETZEL & CHEESE

FRENCH FRIES
FRUIT & VEGGIE BAR
MILK

29
A: WALKING TACO
B: PBJ WITH CHEESE STICK

REFRIED BEANS
FRUIT & VEGGIE BAR
MILK

30
A: LASAGNA & BREADSTICK
B NACHOS /CHEESE & SALSA

BROCCOLI
FRUIT & VEGGIE BAR
MILK

31
A: CHICKEN & WAFFLES
B: SUBMARINE SANDWICH

GREEN PEAS
FRUIT & VEGGIE BAR
MILK



BREAKFAST IS SERVED DAILY AT 7:30 IN THE CAFETERIA!
CEREAL OR POP-TARTS ARE AVAILABLE DAILY
ALL BREAKFAST INCLUDES, FRUIT, JUICE AND MILK

Monday: Breakfast Pizza
Tuesday: Pancake Sausage Wraps
Wednesday: Muffin & Yogurt

Thursday: Scrambled Eggs & ½ Bagel
Friday: Pancakes or Waffles

NATIONALSCHOOL BREAKFAST WEEK IS MARCH 7-11, JOIN US FOR SOME NEW BREAKFAST ITEMS AND GIVEAWAYS