



OCTOBER 2025

SYCAMORE ELEMENTARY

ALL MEALS
ARE FREE!

Monday

Tuesday

Wednesday

Thursday

Friday



A: POPCORN CHICKEN
B: PBJ UNCRUSTABLE

TOSSED SALAD
FRUIT & VEGGIE BAR
MILK

USA

A: MINI HOT DOGS
B: PBJ UNCRUSTABLE

FRENCH FRIES

A: CHICKEN DRUMSTICK
B: PBJ UNCRUSTABLE

YELLOW BEANS
FRUIT & VEGGIE BAR
MILK

A: CHICKEN NUGGETS
B: PBJ UNCRUSTABLE

FRENCH FRIES
FRUIT & VEGGIE BAR
MILK

A: BREAKFAST SANDWICH
B: PRETZEL BITE BOX

HASH BROWN PATTY
FRUIT & VEGGIE BAR
MILK

FRANCE

A: CORDON BLEU BITES
(HAM & CHEESE)
B: PRETZEL BITE BOX

FRESH GREEN BEANS

A: MINI CORN DOGS
B: PRETZEL BITE BOX

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

A: DUTCH WAFFLE
B: PRETZEL BITE BOX

BABY CARROTS
FRUIT & VEGGIE BAR
MILK

A: MAC & CHEESE
B: PBJ UNCRUSTABLE

BABY CARROTS
FRUIT & VEGGIE BAR
MILK

A: BREAKFAST BAG (CEREAL,
MUFFIN, YOGURT, CHEESE)
B: STRAWBERRY PARFAIT
CUCUMBER COINS
FRUIT & VEGGIE BAR
MILK

ITALY

A: LASAGNA
B: STRAWBERRY PARFAIT

TOSSED SALAD

A: SPAGHETTI
B: STRAWBERRY PARFAIT

TOSSED SALAD
FRUIT & VEGGIE BAR
MILK

A: 3 CHEESE PASTA
B: STRAWBERRY PARFAIT

BROCCOLI
FRUIT & VEGGIE BAR
MILK

A: CHICKEN SANDWICH
B: DELI SANDWICH

SEASONED CORN
FRUIT & VEGGIE BAR
MILK

A: CHEESEBURGER
B: DELI SANDWICH

BAKED BEANS
FRUIT & VEGGIE BAR
MILK

CHINA

A: SWEET & SOUR CHICKEN
B: DELI SANDWICH

BABY BELL PEPPERS

A: GRILLED CHEESE
B: DELI SANDWICH

CHERRY TOMATOES
FRUIT & VEGGIE BAR
MILK

A: PRETZEL DOG
B: DELI SANDWICH

GREEN BEANS
FRUIT & VEGGIE BAR
MILK

A: CRUNCHER PIZZA BITES
B: CHIPS & CHEESE

BROCCOLI
FRUIT & VEGGIE BAR
MILK

A: PIZZA RIPPERS
B: CHIPS & CHEESE

BABY CARROTS
FRUIT & VEGGIE BAR
MILK

MEXICO

A: QUESADILLA
B: CHIPS & CHEESE

REFRIED BEANS

A: PEPPERONI PIZZA
B: CHIPS & CHEESE

SEASONED CORN
FRUIT & VEGGIE BAR
MILK

**1/2 DAY
NO LUNCH**

JOIN US FOR NATIONAL SCHOOL LUNCH WEEK **TASTE THE WORLD** OCTOBER 13-17
WE WILL HIGHLIGHT A DIFFERENT COUNTRY DAILY WITH A SPECIAL MENU OFFERINGS
USA – FRANCE – ITALY – CHINA – MEXICO