

Dear Parent(s)/Guardian(s),

Hopkins Public Schools, similar to many other schools, has seen a recent spike in incidents involving student vaping. Complicating this issue is that there is varying information and misunderstandings involving vaping and/or electronic cigarettes. The purpose of this letter is to inform you of the issue, give you resources if you feel your child is involved in this kind of behavior, as well as alert you to possible repercussions if your child engages in vaping on school property. We take this issue very seriously due to the negative health effects vaping can have on our students and often find that our parents are not always aware of the risks around vaping. The increase in vaping prompted us to do more research and we want to share our findings with you.

Vaping is the act of inhaling a vapor produced by an electronic vaporizer or e-cigarette. The vapor can contain nicotine and other substances which is concerning. The liquids that are vaporized come in many different flavors and might even smell fruity. For example, many of the flavors of these liquid concentrates, or 'vape juices', are sweet and even have names such as bubblegum and lemonade. Vaporizers/e-cigarettes come in all different shapes. Some common styles we see look like a thick pen, a stylus for an iPad, a flash drive, or a small flask with a round chimney coming off the top. The devices are very small and can easily be hidden on a person or blend in with normal backpack items. Like cigarettes, stores cannot sell vaping items to people under the age of 18. However, students report that they purchase the devices online or buy from older siblings, friends, or unfortunately even parents.

When student's vape at school it can be due to an addiction to nicotine they have developed, a peer pressure issue, or they are simply curious and want to try it out. In any case, spending excessive time out of class is heavily correlated to lower grades and understanding of material. Additionally, vaping on school grounds negatively impacts students and staff who do not want to be exposed to or breathe in vapor.

The Surgeon General reports that nicotine is addictive and can harm brain development, which continues until about age 25. We know that using nicotine may make it harder for school-related tasks such as learning and concentration. In conversations with students, it appears that many are not aware of the harmful effects of vaping. Students either say they use nicotine-free liquid or that it is safer than tobacco cigarettes. The reality is that vape products are not regulated by the FDA so the actual nicotine concentration can vary significantly.

- As of October 1, 2019, 1,080 lung injury cases associated with using e-cigarette, or vaping, products have been reported to the CDC from 48 states and 1 U.S. territory.
- Twenty-three deaths have been confirmed in 15 states. All patients have reported a history of using e-cigarette, or vaping, products.
- As of October 2nd Michigan has also banned all versions of flavored e-cigarette liquids. This ban comes in response to the significant increase in use of these products by youth under the age of 18. Gov. Gretchen Whitmer announced the flavored vape ban in response to what she said is a public health emergency among kids using vaping products

Vaping is prohibited by Hopkins Public Schools' Student Handbooks, which all students and parents/guardians sign off on to acknowledge their understanding of the rules and behavioral expectations at our schools. While we try to proactively educate to prevent any incidents, there will be

consequences if a student vapes on school property. The consequences for vaping can include detention(s), suspensions(s), phone calls home, confiscation of the vaping device, and possible police involvement. Furthermore, if a student is an athlete in possession of a vaporizer or is seen in the act of vaping, this is a violation of the chemical health rules of the MHSAA and the Athletic Handbook and can result in loss of eligibility for a portion of the season.

Our goal is also to partner with parents to help support our students in making positive decisions for themselves and the school community. A local resource with information on how to have the “drug talk” with your child is www.talksooner.org. Please consider having a conversation with your child today about this important issue. Together we can all work towards a healthy future for our youth.

Thank you for your continued support of our school system.

Sincerely,



Heidi Denton
Allegan County Substance Abuse Prevention



Gary Wood
Hopkins Public Schools Superintendent